

EFAD Webinar speakers and content of presentations
(Nutritional rehabilitation after COVID-19 infection. Homeward-bound after hospital discharge)

Nutritional rehabilitation after COVID-19 infection. Homeward-bound after hospital discharge		
Total time: 1 hr		
Speaker	Time	Topic
Chair: Annemieke van Ginkel	5mins	Introduction
Speaker 1: Emanuele Cereda Italy	11mins	<p>Setting the scene; nutritional consequences of COVID-19</p> <ul style="list-style-type: none"> • Present the nutritional complications of hospitalised COVID-19 patients at point of discharge (including (post-extubation) dysphagia, muscle loss, cognitive issues etc.) • Include any available data capturing the nutritional status seen in COVID-19 patients in hospital/at discharge/post-discharge • Highlight the reasons why nutritional rehabilitation is needed in this cohort of patients and the level of care needed to optimise nutritional rehabilitation - share any suitable local protocols if available
Speaker 2: Anne Holdoway UK	12mins	<p>National strategies to optimise nutritional care of COVID-19 patients post-discharge; sharing best practice</p> <ul style="list-style-type: none"> • Present strategic nutritional management overview of COVID-19 patients who have been discharged from UK hospitals e.g. status of community dietetic services, impact on patient care etc. • Highlight best practice initiatives to help manage community services - with a focus on care plans/malnutrition pathways adapted to COVID-19 etc.
Speaker 3: Berry van Kats The Netherlands	12mins	<p>Practical nutritional management of COVID-19 post-discharge</p> <ul style="list-style-type: none"> • Present practical guidance on how to optimise nutritional management of the COVID-19 patient post-discharge, • Use patient case study examples to highlight best practice NCP/use of rehabilitation care pathway • Provide practical advice on troubleshooting common barriers e.g. lack of face to face contact etc.
Chair: Annemieke van Ginkel	20mins	Facilitate Q&A Closing comments