

33rd
ESPEN
Congress



THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

ESPEN Congress on
Clinical Nutrition & Metabolism

GOTHENBURG, SWEDEN

3-6 September 2011

Nutrition in translation



Bridging science and practice

First Announcement

www.espen.org

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Welcome Message

Welcome to Gothenburg, for the 33rd Congress of Clinical Nutrition and Metabolism!

Thirty-three years have passed since the first ESPEN Congress was organised in Sweden, and twelve years since the ESPEN Congress was last held in Scandinavia. We now welcome you to the 33rd Congress of Clinical Nutrition and Metabolism (3-6 September 2011) in the lovely city of Gothenburg, to share exciting scientific news and debates, a comprehensive educational programme, interactions with nutrition professionals and researchers. We also welcome you to share the friendly atmosphere and the pulse of Gothenburg, the capital of the West Coast of Sweden.

Under the congress theme "Nutrition in translation – bridging science and practice", session topics will cover a broad range of scientific areas translating into nutritional science, as well as the translation of current science into clinical practice. We aim to provide a comprehensive programme, updating current science and clinical practice, and for the exchange of new ideas.

Gothenburg is located in the heart of Scandinavia right between the Swedish, Danish and Norwegian capitals. It is a safe and friendly city, with an open and hospitable atmosphere, environmental thinking, and beautiful surroundings. Gothenburg is also an important centre for clinical nutrition and nutrition science at the Sahlgrenska University Hospital and the University of Gothenburg.

Make the nutrition journey and join together for ESPEN 2011 in Gothenburg!

The Local Organising Committee

Ingvar Bosaeus, President

Tommy Cederholm, Scientific Committee

Ann Ödlund Olin, Educational and Clinical Practice Committee

Elisabet Rothenberg, Treasurer



Main topics of the Programme

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Plenary lectures

- Gothenburg Special Lecture
- Sir David Cuthbertson Lecture
- Arvid Wretling Lecture

Scientific Sessions

Basic science and clinical

- Scientific basis for implementation of nutritional routines
- Epigenetics and nutrition
- Sarcopenia concerns all ages
- The muscle as a metabolic regulator
- The Gut-brain axis
- Omega-3 fatty acids from an EBM perspective
- Obesity
- Nutrition in transplantation
- The cancer cachexia journey – what can we do to improve nutrition treatment?
- Chronic kidney disease and nutrition
- Cognitive function – clinical implications of nutrition interactions
- Pediatric Nutrition
- Geriatric Nutrition
- Epidemiology - usefulness and limitations in clinical nutrition
- Clinical Nutrition & Hot Topic symposia
- Oral Communications

Educational & Clinical Practice Sessions

- Food and mealtimes in hospital and in the community
- Implementation of nutritional routines
- Assessment of nutritional status by blood tests – what are we measuring?
- Traumatic brain injury – case discussion
- Assessment and treatment of dysphagia
- Nutritional combinations
- Nurses session
- Dietitians session
- LLL – sessions:
 - Home enteral and parenteral nutrition
 - Nutritional support in elderly patients
 - Approach to oral and enteral nutrition
 - Nutritional support in liver and pancreatic diseases

Committees

LOCAL ORGANISING COMMITTEE

Ingvar Bosaeus, *President*
Tommy Cederholm, *Scientific Committee*
Ann Ödlund Olin, *Educational Committee*
Elisabet Rothenberg, *Treasurer*

LOCAL SCIENTIFIC COMMITTEE

Tommy Cederholm, *Chairperson*
Gunnar Akner, Eva Carlsson,
Juan Jesus Carrero, Olle Hernell,
Gerd Faxen Irving, Olle Ljunqvist,
Jan Palmblad, Peter Stenvinkel,
Anders Thorell, Jan Wernerman

LOCAL EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE

Ann Ödlund Olin, *Chairperson*
Lars Ellegård, Folke Hammarqvist
Torsten Mossberg, Ylva Orrevall
Albert Westergren

CENTRAL ESPEN EXECUTIVE COMMITTEE

Pierre Singer, *Chairperson*
Miguel León-Sanz, *General Secretary*
André van Gossum, *Treasurer*
Ingvar Bosaeus,
President 2011 Gothenburg

CENTRAL ESPEN SCIENTIFIC COMMITTEE

Yves Boirie, *Chairperson*
Stephan C. Bishoff, N.E.P Deutz,
Olav Rooyackers
Dileepraj Lobo
Permanent Members
Tommy Cederholm, *Rotating Member*

CENTRAL ESPEN EDUCATIONAL AND CLINICAL PRACTICE COMMITTEE

Alessandro Laviano, *Chairperson*
Mette Holst, *Nurse*
Zeljko Krznicar, *Physician*
Sylvia Osowska, *Pharmacist*
Matthias Pirlich, *Physician*
Ann Ödlund Olin, *Rotating Member*
Marian van Bokhorst-de van der Schueren,
Dietitian
Rocco Barazzoni

Associated:

LLL Course Director, Claude Pichard
Editor in-chief, N.E.P. Deutz
IT Officer, Rocco Barazzoni



Enjoy
your nutrition
journey to
Gothenburg

Situated at the heart of Scandinavia, Gothenburg is a safe and friendly city. An open and hospitable atmosphere, environmental thinking, and beautiful surroundings with an unspoilt archipelago are some features to welcome visitors.

The city centre is compact and the Convention Centre is located close to hotels, restaurants and shops, everything is within walking distance. This gives meetings a unique charm as delegates meet spontaneously and naturally in the streets and at restaurants and cafés. The beautiful surroundings, making the region one of the most popular summer resorts in the country, are at hand for day excursions. And, why not enjoy seafood, as fresh as you can find without wetting your feet.

Important Dates and Deadlines

Opening of abstract submission	10 January	2011
Closing of abstract submission	10 April	2011
Opening of late breaking abstract submission	16 May	2011
Early registration deadline	1 June	2011
Deadline for late breaking abstract (posters only)	23 June	2011
No refunds for hotel and excursion cancellation after	15 July	2011

ESPEN Congress Venue

The Swedish Exhibition & Congress Centre (Svenska Mässan) has been an inspiring venue for meetings for almost a century. Centrally located close to hotels, restaurants and shops, this is where people can work, stay and eat in a professional, feel-good atmosphere. And all of the city's huge choice of shopping, entertainment and cultural amenities are just around the corner.

Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission, hotel reservations, and excursions. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.

All correspondence should be sent to:

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Information regarding the programme of the Congress will be available on the ESPEN website: www.espen.org from February 2011.

Website: www.espen.org